

# EOB/UCC ADULT SHORT ASSESSMENT

**Interviewed:**  Client and/or  Other (name and relationship): \_\_\_\_\_

**Special Service Needs:**

Non-English Speaking, specify language needs: \_\_\_\_\_  
Were Interpretive Services provided for this interview?  Yes  No

Cultural Considerations, specify: \_\_\_\_\_

Physically challenged (wheelchair, hearing, visual, etc.) specify: \_\_\_\_\_

Access issues (transportation, hours), specify: \_\_\_\_\_

**I. Reason for Referral/Chief Complaint**  See Information on \_\_\_\_\_ dated: \_\_\_\_\_

Reason for Referral

Current Symptoms/Behaviors

Impairments in Life Functioning (daily living activities, social, employment/education, housing, financial, etc)

**II. Psychiatric History**  See Information on \_\_\_\_\_ dated: \_\_\_\_\_

Outpatient and Inpatient, include dates, providers, interventions, and responses  See information on IS Screen Prints

**III. Current Risk and Safety Concern**  See Information on \_\_\_\_\_ dated: \_\_\_\_\_

Current Thoughts of Self-Harm/Suicide	<input type="checkbox"/> Yes <input type="checkbox"/> No	Current Thoughts of Harming Another Person	<input type="checkbox"/> Yes <input type="checkbox"/> No
Past Thoughts of Self-Harm/Suicide	<input type="checkbox"/> Yes <input type="checkbox"/> No	Past Thoughts of Harming Another Person	<input type="checkbox"/> Yes <input type="checkbox"/> No
Prior Suicide Attempts/If yes, # _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	History of Homicide/Manslaughter	<input type="checkbox"/> Yes <input type="checkbox"/> No
Probation/Parole Involvement	<input type="checkbox"/> Yes <input type="checkbox"/> No	History of Injuring Another Person	<input type="checkbox"/> Yes <input type="checkbox"/> No
Current/History of Injuring Animals	<input type="checkbox"/> Yes <input type="checkbox"/> No	School Issues or IEP in place	<input type="checkbox"/> Yes <input type="checkbox"/> No
Recent Trauma Exposure	<input type="checkbox"/> Yes <input type="checkbox"/> No	Current Substance Use/Abuse	<input type="checkbox"/> Yes <input type="checkbox"/> No
Recent Job Loss	<input type="checkbox"/> Yes <input type="checkbox"/> No	Past Substance Use/Abuse	<input type="checkbox"/> Yes <input type="checkbox"/> No
Victim of Violence/Abuse	<input type="checkbox"/> Yes <input type="checkbox"/> No	Perpetrator of Violence/Abuse	<input type="checkbox"/> Yes <input type="checkbox"/> No
DCFS Involvement	<input type="checkbox"/> Yes <input type="checkbox"/> No	Homeless	<input type="checkbox"/> Yes <input type="checkbox"/> No
Access to Guns/Weapons	<input type="checkbox"/> Yes <input type="checkbox"/> No		

Other (specify):

**For any risk/safety concerns marked yes, please explain. Identify if any safety measures are needed, required or taken.**

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**IV. Relevant Medical Conditions**  See Information on \_\_\_\_\_ dated: \_\_\_\_\_

Hearing Impairment  Yes  No      Visual Impairment  Yes  No      Motor Impairment  Yes  No

Other Sensory Impairment  Yes  No If yes, specify: \_\_\_\_\_

Allergies  Yes  No If yes, specify: \_\_\_\_\_

Other Medical Conditions  Yes  No If yes, specify: \_\_\_\_\_

Last Physical Exam Date: \_\_\_\_\_

Other Comments Regarding Medical Conditions: \_\_\_\_\_

**V. Medications**

Client is currently on medications:  Yes  No If yes, How many days of medication does the client have left? \_\_\_\_\_

If yes, specify medications (include name and if there are any side-effects/adverse reactions). \_\_\_\_\_

**VI. Substance Use/Abuse**

Does the client currently appear to be under the influence of alcohol or drugs?  Yes  No

Additional Comments (i.e. drugs using, frequency, duration of use, etc.): \_\_\_\_\_

When was the last time the client used alcohol or drugs? \_\_\_\_\_

Has the client ever received professional help for his/her use of alcohol or drugs?  Yes  No If yes, please explain below \_\_\_\_\_

How does the use of alcohol or drugs impact the client's daily functioning? \_\_\_\_\_

**VII. Psychosocial**  See Information on \_\_\_\_\_ dated: \_\_\_\_\_

Describe any of the following issues that may impact linkage/referral: Family & Relationships, Dependent Care Issues (Number of Dependents, Ages, Needs & Special Needs), Current Living Arrangement, Social Support Systems, Education, Employment History/Readiness/Means of Financial Support, Legal History and Current Legal Status.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**VIII. Additional Client Contacts/Relationships:** Refer to the "MH 525: Contact Information" form.

DCFS       Probation       DPSS       Health       Outside Meds       Regional Center

Substance Abuse/12 Step       Consumer Run/NAMI       Education/AB 3632

Other \_\_\_\_\_

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## IX. Mental Status

### General Description

- Grooming & Hygiene:**  Well Groomed  
 Average  Dirty  Odorous  Disheveled  
 Bizarre
- Eye Contact:**  Normal for culture  
 Little  Avoids  Erratic
- Motor Activity:**  Calm  Restless  
 Agitated  Tremors/Tics  Posturing  Rigid  
 Retarded  Akathesis  E.P.S.
- Speech:**  Unimpaired  Soft  Slowed  
 Mute  Pressured  Loud  Excessive  
 Slurred  Incoherent  Poverty of Content
- Interactional Style:**  Culturally congruent  
 Cooperative  Sensitive  
 Guarded/Suspicious  Overly Dramatic  
 Negative  Silly
- Orientation:**  Oriented  
 Disoriented to:  
 Time  Place  Person  Situation
- Intellectual Functioning:**  Unimpaired  
 Impaired
- Memory:**  Unimpaired  
 Impaired re:  Immediate  Remote  Recent  
 Amnesia
- Fund of Knowledge:**  Average  
 Below Average  Above Average
- Mood and Affect**
- Mood:**  Euthymic  Dysphoric  Tearful  
 Irritable  Lack of Pleasure  
 Hopeless/Worthless  Anxious  
 Known Stressor  Unknown Stressor
- Affect:**  Appropriate  Labile  Expansive  
 Constricted  Blunted  Flat  Sad  Worries

### Perceptual Disturbance

- None Apparent
- Hallucinations:**  Visual  Olfactory  
 Tactile  Auditory:  Command  
 Persecutory  Other
- Self-Perceptions:**  Depersonalizations  
 Ideas of Reference

### Thought Process Disturbances

- None Apparent
- Associations:**  Unimpaired  Loose  
 Tangential  Circumstantial  
 Confabulous  
 Flight of Ideas  Word Salad
- Concentration:**  Intact  Impaired by:  
 Rumination  Thought Blocking  
 Clouding of Consciousness  
 Fragmented
- Abstractions:**  Intact  Concrete
- Judgments:**  Intact  
 Impaired re:  Minimum  Moderate  
 Severe
- Insight:**  Adequate  
 Impaired re:  Minimum  Moderate  
 Severe
- Serial 7's:**  Intact  Poor

### Thought Content Disturbance

- None Apparent
- Delusions:**  Persecutory  Paranoid  
 Grandiose  Somatic  Religious  
 Nihilistic  Being Controlled
- Ideations:**  Bizarre  Phobic  Suspicious  
 Obsessive  Blames Others  Persecutory  
 Assaultive Ideas  Magical Thinking  
 Irrational/Excessive Worry  
 Sexual Preoccupation  
 Excessive/Inappropriate Religiosity  
 Excessive/Inappropriate Guilt
- Behavioral Disturbances:**  None  
 Aggressive  
 Uncooperative  Demanding  Demeaning  
 Belligerent  Violent  Destructive  
 Self-Destructive  Poor Impulse Control  
 Excessive/Inappropriate Display of Anger  
 Manipulative  Antisocial
- Suicidal/Homicidal:**  Denies  Ideation Only  
 Threatening  Plan  Past Attempts
- Passive:**  Amotivational  Apathetic  
 Isolated  Withdrawn  Evasive  
 Dependent
- Other:**  Disorganized  Bizarre  
 Obsessive/compulsive  Ritualistic  
 Excessive/Inappropriate Crying

**Comments on Mental Status:**

## X. Summary

**Summary/ Clinical Impression** (including strengths and attitude towards treatment):

- Diagnosis:** **Axis I**  Prim  Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
 Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
 Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_
- Axis II**  Prim  Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
 Sec Code \_\_\_\_\_ Nomenclature \_\_\_\_\_
- Axis III** Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_  
Code \_\_\_\_\_ Nomenclature \_\_\_\_\_
- Axis IV** 1.  Primary support group 2.  Social environment 3.  Educational 4.  Occupational  
5.  Housing 6.  Economics 7.  Access to health care 8.  Interaction w/legal system  
9.  Other psychosocial/environmental 10.  Inadequate information
- Axis V** GAF \_\_\_\_\_ **Dual Diagnosis Code:** \_\_\_\_\_

**Disposition/Recommendations/Plan:**

Signature & Discipline \_\_\_\_\_

Date \_\_\_\_\_

Co-Signature & Discipline (if required) \_\_\_\_\_

Date \_\_\_\_\_

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